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Positive Teens and Kids™

Supports Emotional Well-Being

Scotts Valley, CA - Planetary Herbals presents **Positive Teens & Kids™** a safe, convenient children's formula containing St. John's wort. Key botanicals are formulated to provide a natural approach for children's mood and emotional well-being. Planetary Herbals **Positive Teens & Kids(tm)** is available in a convenient tablet.

Planetary Herbals herbalist Roy Upton says this about **Positive Teens & Kids(tm)**, "Young children and teens alike are faced with numerous emotional stresses and challenges in daily life. Herbs have been used for centuries to help support a positive state of mental calmness and emotional stability."

The multiple natural ingredients in **Positive Teens & Kids™**, selected from the world's cultures, have a tradition of safe and effective use. St. John's wort is well known throughout history for support of occasional anxiety and for positive mood and outlook. Bacopa is an ancient Ayurvedic herb for support of brain and cognitive function. Lemon balm and passion flower from South America are known for their calming and mood-lifting properties. Hawthorn berry is a traditional herbal tonic. Zizyphus is a traditional Chinese herb which promotes healthy sleep and a calm nervous system. Chamomile is a relaxation tonic and one of the most widely used herbals in the world.

Roy Upton also has this to say, "Positive **Teens & Kids™** is a comprehensive formula, drawn from nature and proven by science to cultivate a sense of calm, alertness, well-being, and internal balance."

Planetary Herbals integrates the best of worldwide herbal traditions with modern clinical and pharmacological research. The result is an herbal product line that is unequalled for efficacy, safety, and dependability. For more information or purchase locations, please visit <http://www.planetaryherbals.com>.

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Photos available for this release:

Planetary Herbals Introduces Positive Teens & Kids™

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