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Secrets of Pine Are Rediscovered

Native American Botanical Knowledge Has Modern Benefits

Scotts Valley, CA – Current research is proving what Native Americans have known for centuries: the pine tree contains powerful properties that have amazing health benefits.

In the 16th century, Europeans were introduced to the Native American remedy of drinking pine tea, and they wrote about their experiences. But the herbal knowledge was lost until modern scientists began studying historical records and found pine bark to contain powerful antioxidants, benefiting the cardiovascular system and capillary health.

Planetary Herbals presents Full Spectrum Pine Bark Extract, a potent source of the natural tannins found in pine, at a much more reasonable cost than other pine bark products currently available.

Planetary Herbals herbalist Roy Upton says, "The bark of the white pine was the original material used by Native American peoples dwelling in regions where pines grew. While traditionally utilized for a myriad of functions, modern research involving pine has focused on the complex family of compounds known as proanthocyanidins which are found in the tree's bark. Proanthocyanidins are powerful antioxidant free-radical scavengers which have many beneficial effects."

The benefits of antioxidants are wide ranging. They squelch free radicals, thereby protecting healthy cells from damage by environmental pollutants, chemicals, and stressors. They support a healthy immune system with anti-inflammatory properties which can benefit the cardiovascular system and joints, and can bind elastin and collagen to the skin, making skin look and feel younger.

"Among the great benefits of pine bark extract," affirms Upton, "is the value of antioxidant supplementation. Antioxidants are among the most important class of nutritional compounds to take for preserving health, especially in this modern era of chemical intoxication."

Planetary Herbals is offering Full Spectrum Pine Bark Extract in 30 and 60 count bottles.

Planetary Herbals integrates the best of worldwide herbal traditions with modern clinical and pharmacological research. The result is an herbal product line that is unequalled for efficacy, safety, and dependability. For more information or purchase locations, please visit <http://www.planetaryherbals.com>.

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