

# Yin Chiao Classic™ & Yin Chiao-Echinacea Complex™



## *Immune Formulas for Seasonal Support*

### Higher Potency Equals Smaller and Fewer Tabs Per Dose

During the change of seasons, it is important to get plenty of rest and relaxation and, in addition, to supplement your health regimen at the first signs of seasonal imbalance. Planetary Herbals offers two newly reformulated, herbal combinations for enhancing natural defenses and mobilizing immune support: YIN CHIAO CLASSIC and YIN CHIAO-ECHINACEA COMPLEX. These celebrated formulas combine time-revered herbs, each with a long history of supporting a healthy immune system.

Yin Chiao is one of the most relied-upon of all classic Chinese herbal formulas for optimal health during the changing seasons. And traditional and modern herbalists alike celebrate the extraordinary health properties of echinacea, the primary North American immune-enhancing botanical. For generations, both have been used to nourish and strengthen the body during seasonal changes, when the body's defenses might be weakened.

**PLANETARY™**  
**HERBALS**

**YIN CHIAO: CHINESE WINTER HEALTH CLASSIC**  
Yin Chiao, developed during the Qing Dynasty (1644-1911), has been a staple of traditional herbalists and acupuncturists, and a household name in China, for hundreds of years. It is used for imbalances associated with seasonal changes and is one of the most valued of all classic Chinese herbal formulas.

This prized traditional formula combines the following immune-boosting and fortifying herbs: honeysuckle flower, forsythia fruit, Chinese mint leaf, phragmites rhizome, burdock seed, platycodon root, soy sprout, licorice root, schizonepeta aerial parts, and lophatherum leaf.

**PLANETARY HERBALS YIN CHIAO CLASSIC: CHINESE IMMUNE COMPOUND REFORMULATED**  
Planetary Herbals YIN CHIAO CLASSIC, the Chinese compound for immune support, is manufactured domestically with hand-selected herbs to insure the purity of this time-honored classic. This renowned staple has been reformulated with powerful herbal extracts that provide the same benefits as our previous formula, in just two tabs instead of six tabs daily, and is best used at the first signs of seasonal imbalance.

**YIN CHIAO-ECHINACEA COMPLEX: DYNAMIC WINTER HEALTH COMBINATION**

Planetary Herbals YIN CHIAO-ECHINACEA COMPLEX combines the time-honored classic, Yin Chiao, with America's #1 winter botanical, echinacea. The addition of Chinese isatis and notopterygium, along with North American boneset and ecleampane, completes this dynamic health combination. Also reformulated, this powerful complex contains a 10:1 Yin Chiao herbal extract blend—which provides double the potency of Yin Chiao—and a 45% increased potency of the additional herbs per daily dose. The new daily dose is just four instead of six tablets.

**ECHINACEA: NORTH AMERICA'S PRIMARY IMMUNE SUPPORTING BOTANICAL**

Although echinacea has long been known to promote immune resistance, it underwent a period of disuse until the 1970's, when it was reintroduced into Western herbal practice by

Planetary's chief formulator Michael Tierra, L.Ac., O.M.D.

Classified as an immune stimulant, echinacea is now one of North America's most relied-upon botanicals for mobilizing our natural immune defenses. Echinacea's immune-enhancing properties are linked to plant compounds—such as alkamides, phenolics, and polysaccharides—which studies show are powerful phytochemicals known to support the immune system and stimulate immune response. Researchers studying the herb's beneficial effects have also noted that echinacea appears to enhance macrophage activity and aid in the production of white blood cells.

**COMBINING TRADITION AND MODERN SCIENCE**

Like the rest of the Planetary Herbals product line, YIN CHIAO CLASSIC and YIN CHIAO-ECHINACEA COMPLEX exemplify Planetary Herbals' commitment to herbalism at its best—combining the wisdom of traditional herbalism with the advances of modern science. Backed by the traditions of Western and Chinese herbalism and years of clinical experience, these formulas offer you the vital immune support needed for optimal seasonal health. The result: herbal formulas you can rely on for ongoing wellness!

**REFERENCES**

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*Adhering to the quality control requirements and codes of ethics of:  
American Herbal Products Association  
National Nutritional Foods Association*



Developed exclusively for Planetary Formulas by world renowned herbalist, acupuncturist, and author Michael Tierra, L.Ac., O.M.D., who has more than 30 years of clinical experience.



\*The above information has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.