

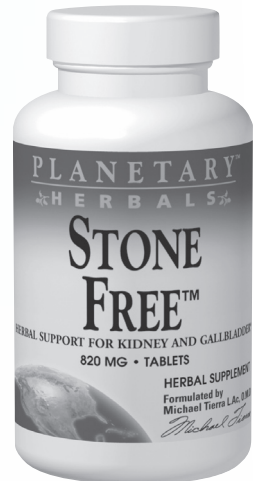
Stone Free™



Supports Healthy Kidney, Gallbladder, and Liver Function

- Facilitates normal fluid elimination and filtration of wastes through the kidneys
- Supports normal bile flow important to the body's natural detoxification processes
- A complex formula of widely respected traditional Western and Chinese herbs

The kidneys and liver are the primary organs associated with the body's natural detoxification processes. Stone Free™ combines the most widely respected herbs from Western and Chinese traditional medicines that are known to support healthy genitourinary functioning by facilitating the elimination and filtration of wastes through the kidneys, and promoting the normal flow of bile from the liver and gallbladder.*



PLANETARY®
HERBALS

Support for Kidney Filtration

Healthy kidneys play a vital role in filtering and flushing waste from the blood through more than 1 million tiny filters called nephrons. The nephrons remove the waste, which is then eliminated through urination. Stone Free combines a comprehensive combination of herbs, including parsley root (*Petroselinum crispum*) and marshmallow root (*Althaea officinalis*) from Western herbalism, and the classical combination of desmodium (*Desmodium styracifolium*) and lysimachia (*Lysimachia christinae*) from traditional Chinese medicine, to support moving waste through the kidneys and help maintain overall genitourinary health.*

Purifying Support for Liver and Gallbladder Function

The liver, the body's master detoxifying organ, manufactures and secretes bile, which is then stored in the gallbladder for the elimination of hormones and chemicals from the body. In addition to needing bile for the liver to optimally fulfill its detoxifying function, we need bile in order to absorb fats and fat-soluble vitamins.*

One of the most important classes of herbs traditionally used to promote bile flow is known as cholagogues, and one of the most important cholagogues is dandelion. Dandelion root is used in Western traditional medicine to support healthy liver detoxification, as well as to enhance bile production and

flow. Turmeric, one of the most widely studied herbs in the world, with more than 1,000 scientific research papers extolling a myriad of health benefits, is another important cholagogue.*

Other featured ingredients include licorice root, a soothing and harmonizing herb, as well as ginger root and lemon balm leaf, which aid in digestion. These herbs, along with marshmallow root and parsley root, have been used historically to support the kidneys, liver, and gallbladder.*

Our Story

Planetary® Herbals products are formulated by expert herbalists dedicated to the principles and wisdom of the planet's major herbal traditions, while fully embracing the latest knowledge emerging from scientific research. Our attention to herb selection, quality assurances, and formulas derived from over 40 years of clinical experience by Michael Tierra, one of the world's leading authorities on herbal health care, help ensure customers true and lasting health benefits.*

Educational References

Segala, M., ed. 1997. *Disease Prevention and Treatment*. 4th ed. Hollywood: Life Extension Media, 1027-38.

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