# Positive Teens & Kids<sup>™</sup>





### Supports Emotional Well-Being

- For positive mood enhancement
- Promotes mental and emotional balance
- Specifically designed for children

In these stressful times it is not at all uncommon for parents to receive notice from teachers concerned with mood, behavior and emotional issues regarding their young students. Planetary Herbals recognizes the importance of supporting our children and provides parents with a natural option designed to address children's emotional health issues. As part of a line of great children's products, Planetary Herbals offers Positive Teens & Kids<sup>™</sup>, a safe children's formula with St. John's wort standardized to 0.3% hypericin. Key botanicals in Positive Teens & KiDs<sup>™</sup> are formulated to provide a holistic effect on mood and emotional well-being.

## PLANETARY<sup>™</sup> → HERBALS→

Expert Formulations – Exceptional Results

#### St. John's Wort

The recorded history of the use of St. John's wort dates back to early Greece, where the benefits of this plant were noted by ancient herbalists. St. John's wort was first used to support healing. Now St. John's wort is recognized for its ability to enhance mood, relieve occasional anxiety and maintain healthy emotional balance. The plant was first brought to the United States by European colonists and now grows wild throughout much of North America.

#### **Comprehensive Formula**

The multiple botanicals and tonifiers that make up Planetary Herbals Positive Teens AND KIDS<sup>™</sup> are well known throughout many world cultures. The comprehensive formula is designed specifically with a goal of producing a holistic effect and for support of emotional well-being. St. John's wort has been shown in clinical studies to enhance mood. Bacopa is an ancient Ayurvedic herb for support of brain and cognitive function. Lemon balm is known for its calming and mood lifting properties. Passion flower from South America is recognized for mood enhancement. Hawthorn berry is a traditional herbal tonic which calms the heart. Zizyphus is a traditional Chinese herb which promotes healthy sleep. Chamomile is a relaxation tonic and one of the most widely used herbals in the world.

#### **Herbal Formulations**

High quality botanicals are at the heart of each Planetary Herbals formulation. Properly designed formulations, derived from world cultures and proven over time, have a broad effect on multiple body systems. These traditional principles consider the specific nature of the plant and match it to the unique makeup of the individual or health condition. The multiple ingredients in POSITIVE TEENS AND KIDS<sup>™</sup> are specifically developed for children. This should be comforting to parents who are considering alternatives for support of children's healthy emotional balance.

Planetary Herbals utilizes a unique approach to herbal wellness called PhytoDynamics<sup>TM</sup>. It's a concept which studies the actions and energetics of the plant kingdom, and how plants interact with the human body to attain vibrant health. This allows Planetary Herbals to integrate the best of worldwide herbal traditions with modern clinical and pharmacological research. The result is an herbal product line that is unequalled for efficacy, safety, and dependability. It is our commitment to healthy alternatives and trusting in the healing properties of the planet which enables Planetary Herbals to offer among the finest herbal supplements available.

#### **References:**

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Adhering to the quality control requirements and codes of ethics of: American Herbal Products Association, National Nutritional Foods Association



\*The above information has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

