

# ANDROGRAPHIS RESPIRATORY WELLNESS™

## *Supports the Immune System*

- Builds immune defenses
- Supports a healthy respiratory system
- Supports healthy mucous membranes

Although it's often said that the best offense is a good defense, we don't often think strategically when it comes to our health. But we should! The best offense against winter is to bolster a strong, healthy immune defense.

Herbs can gently, naturally strengthen our immune systems, and many herbs have been used for this purpose worldwide for centuries. ANDROGRAPHIS RESPIRATORY WELLNESS combines

some of the best-known of these for a broad spectrum of immune support.

Planetary Herbals ANDROGRAPHIS RESPIRATORY WELLNESS is a powerful tool to build the immune system, to promote upper respiratory health, and to promote clear lungs and easy breathing.



**PLANETARY®**  
**HERBALS**

Expert Formulations – *Exceptional Results*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ANDROGRAPHIS RESPIRATORY WELLNESS is a formula that combines some of the best known and most effective herbs from throughout the world to build immune defense.

## Andrographis

Andrographis (*Andrographis paniculata*) is an herb used in China, India and Southeast Asia. Although it has been used for centuries, modern research has confirmed its benefits. The plant contains a compound called andrographolide, which is highly beneficial in regulating the body's immune responses. Research has shown andrographis to support upper respiratory health.

## Echinacea

Echinacea (*Echinacea purpurea*) has been used by Native Americans since the 1600s. Reintroduced in North America in the 1970s, by Planetary Herbals primary formulator Dr. Michael Tierra, the herb is well known for supporting immune health.

## Olive Leaf Extract

Olive leaf (*Olea europaea*) is native to the Mediterranean and has been known for its healthful properties since ancient times. Modern research shows that one of the main constituents in the leaf is oleuropein, a compound that actively supports cellular health and immune strength.

## Goldenseal

Goldenseal (*Hydrastis canadensis*) is another North American plant, renowned by native Americans. Combined with echinacea, it is one of the most widely used botanical ingredients for supporting healthy immunity and healthy mucous membranes.

## Supporting Botanicals

Also included in this formula are: **isatis root** (*Isatis tinctoria*), a native of East Asia and Siberia, known for supporting upper respiratory health; **dandelion root** (*Taraxacum officinale*), for the liver and kidneys; and **garlic** (*Allium sativum*), known for culinary and health uses. Garlic stimulates T-cell production for immune

health. **Ginger root** (*Zingiber officinale*) originated in China, but is now grown throughout the world. Ginger settles the stomach and helps balance the immune system's inflammatory response. **Licorice root** (*Glycyrrhiza glabra*) is an ancient plant for boosting the immune system.

Any one of these outstanding ingredients alone would benefit the immune system. Combining them gives you the benefit of a multi-faceted approach to herbal health, an "all-star" team for your best offense *and* defense.

Planetary Herbals invites you to proactively strengthen your immune system with some of the finest herbs known throughout Asia, Europe and North America.

Planetary Herbals integrates the best of worldwide herbal traditions with modern clinical and pharmacological research. The result is an herbal product line that is unequalled for efficacy, safety, and dependability. For more information or purchase locations, please visit <http://www.planetaryformulas.com>.

## References

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Adhering to the quality control requirements and codes of ethics of: American Herbal Products Association, National Nutritional Foods Association

