



FULL SPECTRUM[™] CORIOLUS (TURKEY TAILS)

Powerful Cellular Immunity

- Helps support a healthy immune system.
- Supports both innate and adaptive immune responses.

Coriolus versicolor, commonly known as "turkey tails," is one of the most widely researched mushrooms in the world. Its common name is "turkey tails," a reference to its colorful bands and shapes which resemble the erect tail of a wild turkey. Full Spectrum[™] Coriolus, well-known for its ability to support and enhance normal immune function, is the latest addition to the Planetary® Herbals full spectrum mushroom line. Research studies have demonstrated the unique immunepotentiating effects of coriolus polysaccharides. Coriolus is derived from fruiting body extracts. It is standardized at 50% polysaccharides and contains the immune-stimulating polysaccharide beta-glucan. Coriolus is a gift from nature that modern science has demonstrated may boost your immune system and promote wellness.*



Expert Formulations – Exceptional Results

Coriolus Throughout the Ages

Coriolus versicolor, also known as Trametes versicolor, is one of the most common fungi growing in many U.S. states and numerous countries around the world. Coriolus is a forest fungi that grows on dead trees. Coriolus has a very long history of safe usage. The first recorded description of coriolus appears in the most famous herbal text of China, the Bencao Gangmu (Compendium of Materia Medica), in 1593 during the Ming Dynasty. Coriolus has been known by many names throughout the ages. In Japan it is known as kawaratake, meaning "mushroom by the river bank," while in China, it is known as yun zhi, meaning "cloud fungus." Historically, coriolus was dried and boiled as a decoction or brewed into a tea. Traditionally it was used for strengthening the body, removing toxins, nourishing the spirit, and for supporting a healthy immune system.

Coriolus for Today's Health

There are numerous studies that demonstrate the immune-strengthening properties of coriolus, appropriate for many applications of enhancing immune response and for the promotion of wellness. The polysaccharides in coriolus increase the activity of macrophages, T-cells and natural killer cells, which are specialized white blood cells that work continuously to enhance immunity. When a foreign life form is

detected inside the body, this activates a series of complex chemical reactions enabling white blood cells to destroy almost any foreign invader. This process is constantly occurring in healthy organisms so immune supporting substances such as coriolus can have a dramatic impact on supporting a healthy system.

Healthy Choices

Planetary Herbals integrates the best of worldwide herbal traditions with modern clinical and pharmacological research. The result is an herbal product line that is unequalled for efficacy, safety, dependability. For more information or purchase locations, please visit http:\www.planetaryherbals.com.*

Educational Resources:

1. Nicandro JP, Tsourounis C, Frassetto L, Guglielmo BJ. In vivo effect of I'm-Yunity on Hepatic cytochrome P450 3A4.

J HerbPharmacother. 2007;7(1):39-56

- 2. Chu K, Ho S, Chow A. Coriolus versicolor: A Medicinal Mushroom with Promising Immunotherapeutic Values. *J Clin Pharmacol* 2002;42:976-984.
- 3. Ragapathi G, Yeung KS, Leung PC, Lee M, Lau CB, Vickers A, Hood C, Deng G, Cheung NK, Cassileth B, Livingston P, Evaluation of widely consumed botanicals as immunological adjuvants. *Vaccine*. 2008 Sep 2;26(37):4860-5.

Adhering to the quality control requirements and codes of ethics of: American Herbal Products Association, National Nutritional Foods Association



